

fringe

PRESS RELEASE

Sam Does Theatre **Can't Stop Can't Stop** by Sam Ross



'What about the story of the man who wouldn't move? People ask him why he won't move but he won't reply, he can't reply, he is unable to because to do so would bring about the worst...' He can't move he can't

Can't Stop Can't Stop is a solo theatrical performance from **Sam Ross**. Set in-the-round, the show follows the development and treatment of the performer's own mental illness: a much-misunderstood, yet debilitating condition.

Obsessive Compulsive Disorder affects 1.2% of the UK population and manifests itself in disturbing, intrusive thoughts, compelling the sufferer to perform repetitive, exhausting actions. After the struggle of starting University in 2016, Sam set out to find out more about his mental health condition, and figure out how to overcome it. The result is an immersive show that balances personal experience with a presentation of the latest scientific understanding about the intricacies of this illness.

Sam Ross has lived with Obsessive Compulsive Disorder for many years. However, in late 2016 his condition severely worsened when he started university. Following this, he set out to find out more about his mental health condition, come to terms with his deep-set fears, and figure out how to overcome it all.

Set in-the-round, and using inventive staging, evocative movement and immersive sound design, **Can't Stop Can't Stop** follows the development and treatment of the performer's own mental illness. It examines the latest scientific understanding about how the illness works, as well as the current state of mental health support in the UK. Ultimately, it is a show about how we learn to cope in ever unsettling times.

www.samrossfrance.wixsite.com/samdoestheatre

Listings Information

Venue C royale, Royal Society of Edinburgh, 22 George Street, EH2 2PQ, venue 6
Dates 1-27 Aug (not 3, 8, 13, 17, 20, 24)
Time 16:35 (0hr55)
Ticket prices £7.50-£9.50 / concessions £5.50-£7.50 / under 18s £3.50-£5.50
C venues box office 0131 581 5555 / www.CtheFestival.com/2018/can-t-stop-can-t-stop
Fringe box office 0131 226 0000 / www.edfringe.com



For further information, images and interview availability please contact Natalie Hillman at Sam Does Theatre on 07842 148216 / natalie@donst.co.uk or the C venues press office on 0131 581 5550 / press@cvenues.com

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